

A few things I read while preparing this report struck a chord with me. This first paragraph about prayer is taken in part from the National Council of Catholic Women Spirituality Commission Chair, Kim Padan.

“Many people make resolutions to pray more often in a New Year. As Catholics, we have a treasure trove of prayers spanning over two thousand years of Church history! As members of NCCW, we also have a rich collection of prayers composed by and for Council sisters. You can find many of these prayers in the Explore section of our website nccw.org, including the Prayer to Love: Healing Racism, and our newest, Prayer of Adoration.”

Prayer can be calming, soothing, and beautiful. Prayers can be written and shared by the educated and the less educated. God is there to listen as we pray formal prayers or in our own words. Don't forget to say prayers of thanksgiving to God for all he has done for us.

This second offering is taken in part from a PCCW president's quarterly report. She is trying to make a visit to her parish's Fish Fry more than just about food. “We are brainstorming ways to feed people's souls while they visit. Some ways include handing out flyers and books.” Handed out may be Matthew Kelly's books or ideas for good Christian movies, or reminders of up-coming Bible Studies, Vacation Bible School, and other programs for adults and kids. This young woman is an example of someone who understands the importance of our first Commission – Spirituality.

Kathy Herfel

LDCCW Spirituality Commission

Lord, I believe in you -- increase my faith. I trust in you -- strengthen my trust. I love you -- let me love you more and more. I worship you as my first beginning, I long for you as my last end, I praise you as my constant helper, and call on you as my loving protector. Guide me by your wisdom, correct me with your justice, comfort me with your mercy, protect me with your power. I offer you, Lord, my thoughts -- to be fixed on you; my words -- to have you for their theme; my actions - to reflect my love for you; my sufferings -- to be endured for your greater glory.

Source: www.theyoungcatholicwoman/prayers-for-women