

Walking in JOY

Spirituality Commission
Melanie Frei
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In preparing for this final report as your Spirituality Commission, I reread the reports and articles I have written over the last two years. At several places, I thought, "Wow...this is some really good stuff...I ought to follow it!" (It is often true that we write better than we act!)

But in reading what God had put on my heart over the last two years, it was really quite easy for me to choose what I want to impart to you as my closing thought. It is this: authentic Christianity is a religion of joy. This unique characteristic sets us apart from all other religions.

St. John Paul II said, "Christ came to bring joy: joy to children, joy to parents, joy to families and to friends, joy to workers and to scholars, joy to the sick and joy to the elderly, joy to all humanity. In a true sense, joy is the keynote of the Christian message and the recurring motif of the Gospels...Be messengers of joy."

The Times of the Spirit

Jesus said, "I have told you this so that my joy might be in you and your joy might be complete." John 15:11

May each of you find complete joy in the arms of your Savior.

Halleluiah, He is risen! Melanie Frei (2014-2016)

